## **Ascension by Gary Bate**

It may take you a while to see it (certainly all of it) but you will see that this World is all about control and that's the very reason you are here – because you can only ever go to where you are consciously equal to. So how do you ascend from this World and spit in the eye of the Grim Reaper? You master control in your own consciousness (mind). In other words, you rise above the need to be in control of others and you rise (you ascend) to a higher dimension of life ~ Gary Bate.